

Natalya Berdikyan



# LEADING WITH **CLARITY & CONFIDENCE AND CONNECTION**

How authentic relationships and presence fuel trust, collaboration, and performance.

## KEY TAKEAWAYS



### **SELF & TEAM CONNECTION**

Connect deeply with yourself, your team, and your purpose



### **AUTHENTIC CONFIDENCE**

Cultivate authentic confidence that inspires others



### **EMPATHY & ACCOUNTABILITY**

Lead with alignment and deep connection — balancing empathy and accountability



### **IMPACTFUL RELATIONSHIPS**

Drive meaningful impact through stronger relationships

#### *Variations:*

- ✓ Team Leadership
- ✓ Women in Leadership
- ✓ Executive Presence

#### *Formats:*

- ✓ Keynote (45–60 min)
- ✓ Workshop (2–3 hrs)
- ✓ Retreat Module
- ✓ Coaching



To book Natalya, visit [lifebydesign-academy.com/contact](https://lifebydesign-academy.com/contact)

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# THE RESILIENT LEADER

Practical strategies to sustain energy, wellbeing, and results under pressure.

## KEY TAKEAWAYS



### RESILIENCE AS A TOOL

Build resilience as a tool, not just a trait



### CLARITY IN STRESS & UNCERTAINTY

Navigate stress and uncertainty with clarity



### TEAM THRIVING CONDITIONS

Create conditions for yourself and your team to thrive



### INSIGHT INTO LASTING ACTION

Turn insight into action that lasts

#### Variations:

- ✓ Retreat/Wellbeing Focus
- ✓ Corporate Performance Focus
- ✓ Interactive Workshop

#### Version

#### Formats:

- ✓ Keynote (45–60 min)
- ✓ Workshop (2–3 hrs)
- ✓ Retreat Module
- ✓ Coaching



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MEET

## NATALYA BERDIKYAN

Natalya Berdikian is the founder and CEO of Life by Design Academy, and a seasoned global executive coach, speaker, and facilitator with a global perspective. As a successful serial entrepreneur, she blends coaching, breathwork, Nutrition, QiGong and yoga trainer certifications with deep experience living and working internationally.

Natalya leverages the wisdom of diverse cultures and industries to help individuals and organizations boost their energy, wellbeing, and leadership potential. Through Life by Design, she inspires personal and professional growth beyond borders and boundaries.

TRUSTED BY



Entrepreneurs'  
Organization



GROWTH  
INSTITUTE



International Association  
of Business Communicators  
Dallas

### TESTIMONIALS

## WHAT AUDIENCES SAY

“

"Natalya provides practical ways for entrepreneurs to tap into the types of energy that propel them to their highest levels of success."



**EVAN NIERMAN**

CEO of Red Banyan (EO Florida)

“

"Natalya is an excellent orator. Her in-depth knowledge, combined with humour and real-life experiences share in an eloquent manner in what makes her stand out from the crowd."



**SHREANS DAGA**

Founder of Shreans Daga Foundation (EO India)

“

"Natalya's passionate, engaging speech left me feeling inspired and motivated to take action, be more mindful when working with my own energies for success at work or home."



**KATE HANCOCK**

Founder of Global AI Council (EO CA, USA)

“

"Natalya's story made me immerse in it as in a movie. But the best of all is that the shared message went directly to my heart and stayed there long after the presentation was over."



**EVGENY PREDEIN**

CEO, Apiumhub (EO Barcelona)

[MORE TESTIMONIALS >>](#)